



2010

Reflections

*The
New England College
of
Optometry*



This book is dedicated to:

Dr. Neylon



For the past 20 years, Terrance B. Neylon, Ed.D. has been a significant keystone for the college. His role and contributions while serving as Dean of Students and Alumni will not be forgotten. The reconstruction of the college alone is evidence that his legacy will carry on with the institution.

Dr. Neylon is highly respected among the faculty and students. He honorably served in the Marine Corp and is a veteran of Vietnam. As much as America is grateful for his service, the college will forever be in his gratitude.

Dr. Neylon will be greatly missed, and we send him our warmest regards as this chapter in his life closes, and a new adventure for him begins. We all send him our love and wish him the best of luck with his future endeavors.

The Optometric Oath

With full deliberation I freely and solemnly pledge that: I will practice the art and science of optometry faithfully and conscientiously, and to the fullest scope of my competence. I will uphold and honorably promote by example and action the highest standards, ethics and ideals of my chosen profession and the honor of the degree, Doctor of Optometry, which has been granted me.



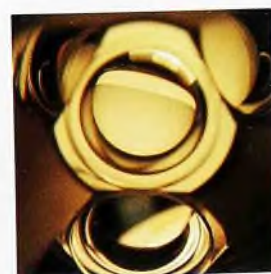
I will provide professional care for those who seek my services, with concern, with compassion and with due regard for their human rights and dignity.

I will place the treatment of those who seek my care above personal gain and strive to see that none shall lack for proper care.



I will hold as privileged and inviolable all information entrusted to me in confidence by my patients.

I will advise my patients fully and honestly of all which may serve to restore, maintain or enhance their vision and general health.



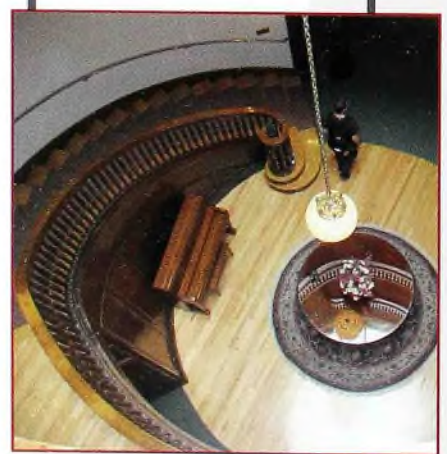
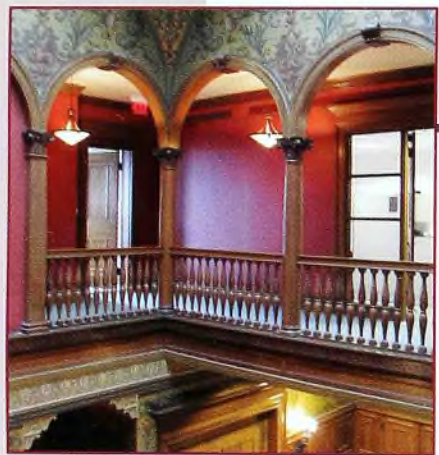
I will strive continuously to broaden my knowledge and skills so that my patients may benefit from all new and efficacious means to enhance the care of human vision.

I will share information cordially and unselfishly with my fellow optometrists and other professionals for the benefit of patients and the advancement of human knowledge and welfare. I will do my utmost to serve my community, my country and humankind as a citizen as well as an optometrist.

I hereby commit myself to be steadfast in the performance of this my solemn oath and obligation.

The New England College of Optometry

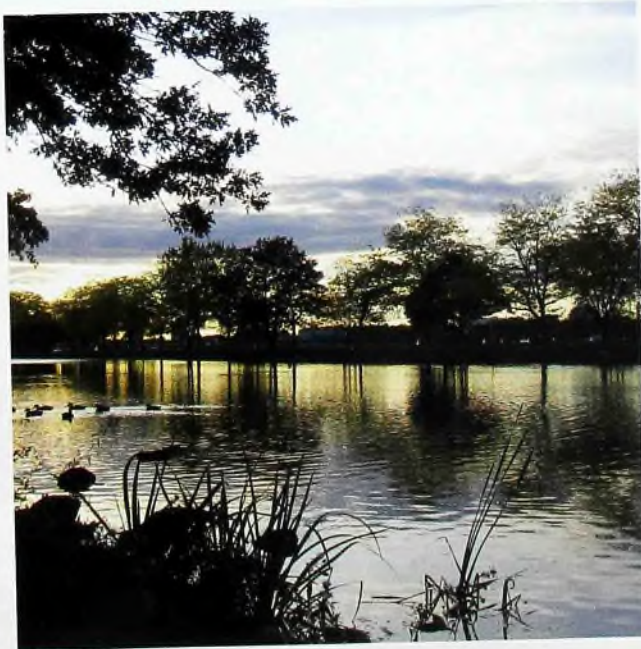
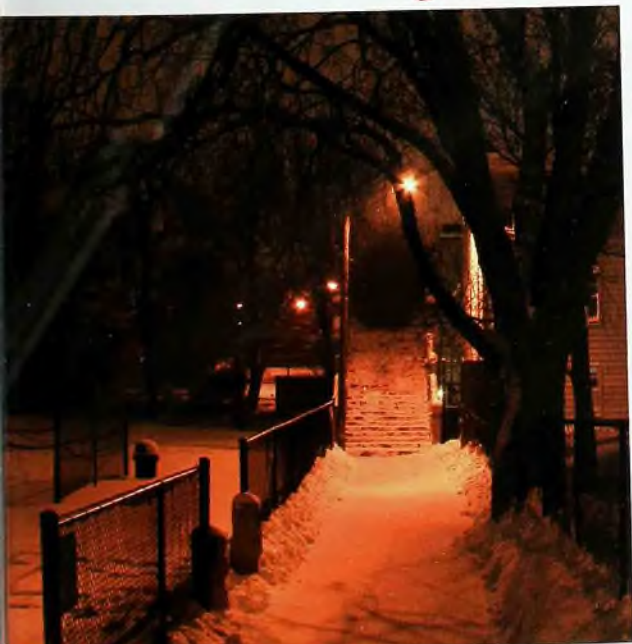
Our School



Our City

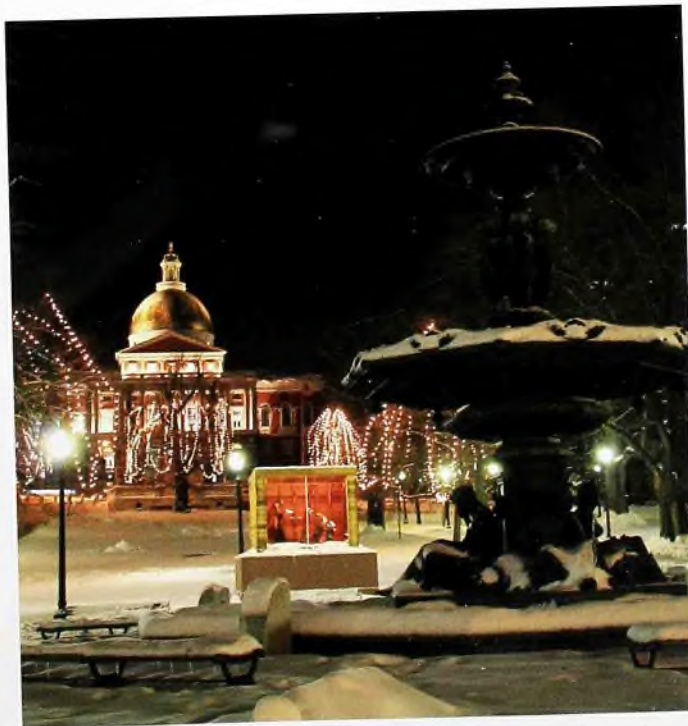


The Many Colors of Boston



Sights of BOSTON

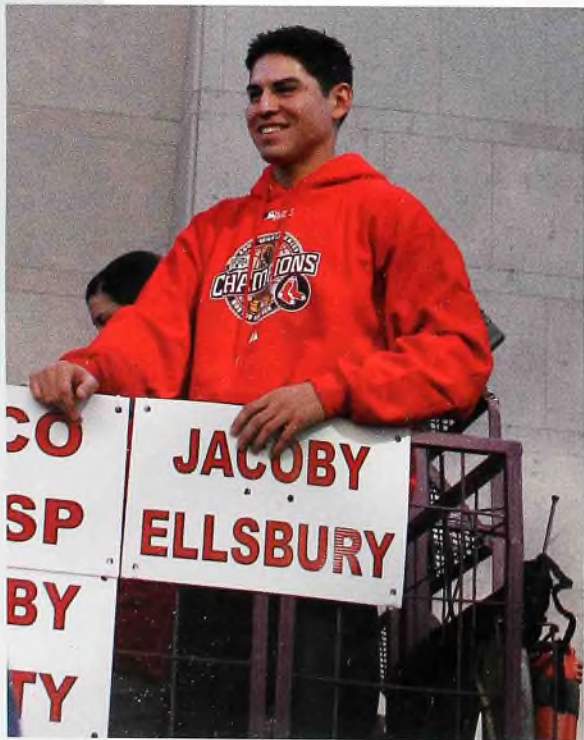




City of SPORTS

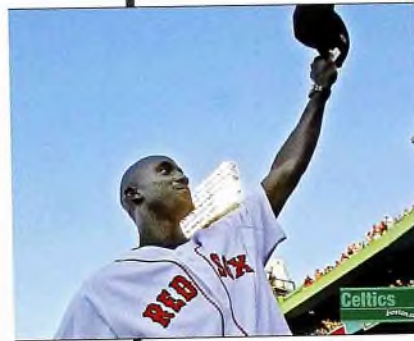
Celtics

Home of the CHAMPIONS

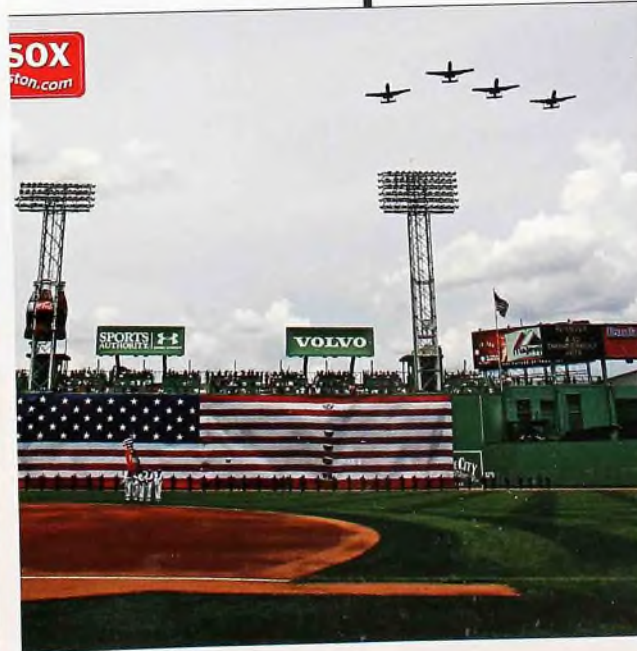


Red Sox





Patriots / Bruins



Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision.

Muhammad Ali



*Doctor of
Optometry*

Class of 2010



*Mona Aoude, O.D.
Boston University
Westwood, MA*



*Jacqueline Armani, O.D.
College of Staten Island
Brooklyn, NY*



*Ethan Arndt, O.D.
Gordon College
Windham, MA*



*Amy Baron, O.D.
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Sarasota, FL*



*Christine Beck, O.D.
Clemson University
Hendersonville, NC*



*Elizabeth Marie Borza, O.D.
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Virginia Beach, VA*



*Tarra Boulden, O.D.
Washington College
Newark, DE*



*Christian Carlsson, O.D.
Middlebury College
Linkoping, Sweden*



*Jennifer Mei-Yin Chen, O.D.
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San Marino, CA*



*Davin Chong, O.D.
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Edmonton, AB Canada*



*Wendy Crusberg (Farrell), O.D.
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Belmont, NH*



*Lien-Thu V. Dao, O.D.
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Edmonton, AB Canada*



*Hieu Doan, O.D.
University of New Hampshire
Manchester, NH*



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Great Neck, NY*



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Tufts University
Quincy, MA*



*Katherine Dunatov, O.D.
Colgate University
Toronto, ON Canada*



*Stephanie Dunker, O.D.
East Tennessee State University
Mt. Juliet, TN*



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University of Tampa
Port Charlotte, FL*



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Western Washington University
Bremerton, WA*



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Bucknell University
Woodbury, NY*



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St. Louis, MO*



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Mankato, MN*



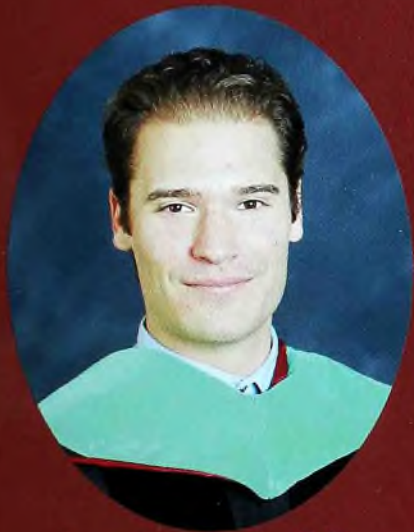
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Lee, ME*



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Kirkland, WA*



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*Dianna Iandolo, O.D.
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*Aneesha Jain, O.D.
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Toronto, ON Canada*



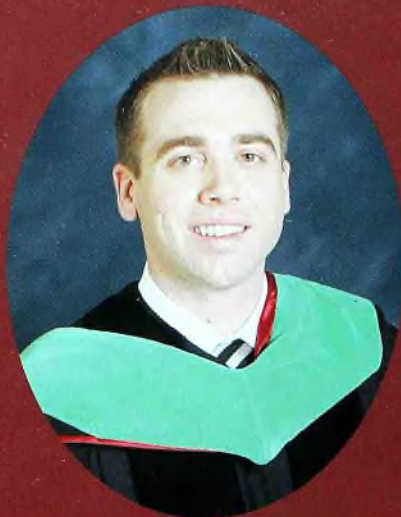
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Cleveland, OH*



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Commack, NY*



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Bellevue, WA*



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Huntington Beach, CA*



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Waterford, ON Canada*



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Buffalo, NY*



*Eric Anthony Lobo, O.D.
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Edmonton, AB Canada*



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Bedford, NH*



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University of Illinois, Chicago
Palos Park, IL*



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Vancouver, BC Canada*



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Bradford, ON Canada*



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Seattle, WA*



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Dartmouth, MA*



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Norwell, MA*



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Saint Joseph's College of Maine
Mars Hill, ME*



*Corissa McKallagat, O.D.
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Atkinson, NH*



*Suneli Mehdirata, O.D.
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Fontana, CA*



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Leechburg, PA*



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Germantown, MD*



*Mallika Patel, O.D.
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Rich Creek, VA*



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University of Delaware
Newark, DE*



*Erika Marie Perzan, O.D.
University of Illinois, Chicago
Ann Arbor, MI*



*Mary Alice Portillo, O.D.
University of Notre Dame
Springboro, OH*



*Yos Priestley, O.D.
Lehigh University
Dover, MA*



*Soby Purathoottu, O.D.
Temple University
Philadelphia, PA*



*Phillip Purcell, O.D.
University of Utah
Tremonton, UT*



*Kevin Quang, O.D.
University of Massachusetts, Amherst
Worcester, MA*



*Sapna T. Reddy, O.D.
Boston University
Newburgh, NY*



*Christine Rowe (Wolf), O.D.
Kansas State University
Longford, KS*



*Cindy Leigh Russo, O.D.
Suffolk University
Winchester, MA*



*Patricia Ann Salazar, O.D.
University of California, Davis
Fremont, CA*



*Jennifer Salvo, O.D.
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Natick, MA*



*Kumting See, O.D.
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Rego Park, NY*



*Tatyana Shalapyonok, O.D.
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Falmouth, MA*



*Saniya Shoaib, O.D.
University of Central Florida
Levittown, NY*



*Harbir Sian, O.D.
Simon Fraser University
Vancouver, BC Canada*



*Darren Sanjay Singh, O.D.
Simon Fraser University
Vancouver, BC Canada*



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Forest City, PA*



*Kristopher Skromme, O.D.
University of California, Santa Barbara
Boulder, CO*



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University of Alabama
Blountsville, AL*



*Kristin Stoker, O.D.
Michigan State University
Flushing, RI*



*Tara Sullivan (Volkart) O.D.
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Winnipeg, MB Canada*



*Ching Tang, O.D.
Binghamton University
Flushing, NY*



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Riverside, CA*



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Los Angeles, CA*



*Huong Quoc Trang, O.D.
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Westminster, CA*



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Toronto, ON Canada*



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Atlanta, GA*



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Cornell University
Kalamazoo, MI*



*Laurel C. Yanof, O.D.
University of Arizona
Tempe, AZ*



*Anna S. Yi, O.D.
Belmont University
Goodlettsville, TN*



*Jessica Olivia Young, O.D.
University of Waterloo
Mississauga, ON Canada*



*Jessica Olivia Young, O.D.
University of Waterloo
Mississauga, ON Canada*



*Mary Ann Zastrow, O.D.
University of Wisconsin, Madison
Faribault, MN*

Not Pictured, Class of 2010:

- Rupal Doshi, O.D.*
- Eric Lau, O.D.*
- Mila Malhotra, O.D.*
- Blair O'Reilly, O.D.*
- Christopher Spafford, O.D.*

Masters of Vision Science / O.D.



*Christine Beck, O.D.
Clemson University
Hendersonville, NC*



*Tatyana Shalapyonok, O.D.
University of Massachusetts, Amherst
Falmouth, MA*



*Sandra Wong, O.D.
Cornell University
Kalamazoo, MI*



*Elena Zaharova, O.D.
University of Massachusetts, Boston
Marblehead, MA*

AODP/ASIP

Not Pictured:

*Jeong Kim, O.D.
Sahar Mahmoud, O.D.
Jill Barr, O.D.
Sima Dori, O.D.
Angela Dussan, O.D.
Nicolas Gilberg, O.D.
Faryan Tayyari, O.D.*



*Barbara Batwala-Dune, O.D.
Albany, NY*



*Qiqi Cui, O.D.
University of Wisconsin-Madison
Yichang, P.R. China*



*Liru Guo, O.D.
Nanjing Medical University
P.R. China*



*Alireza Jabbari, O.D.
Shabid Beheshti University of
Medical Sciences, Tehran, Iran*



*Yuanbing (Christine) Liao, O.D.
Sun Yet-Sen University
Castro Valley, CA*



*Chunming Liu, O.D.
Tongji Medical University
Wuhan, Hubei Province China*



*Xiaoyin Sun, O.D.
Harbin Medical University
Harbin, China*



*James Truong, O.D.
Fountain Valley, CA*



*Min Zhang, O.D.
China*



*Wei Zhu, O.D.
Wuhan University Medical School
Yichang City, China*

CONGRATULATIONS

Class of 2010

HONORABLE MENTION:



Kendall Mault

*Receives Highest Score at
NECO in National Boards
Exam Part One 2009!*



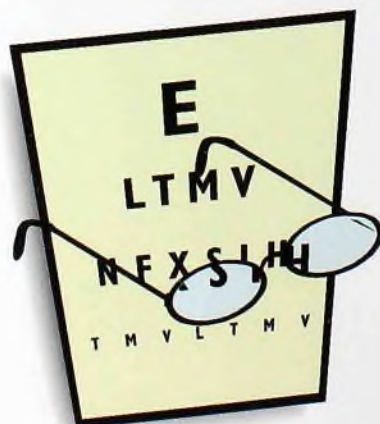
Aarlan Aceto

*Varilux Optometry Student Bowl
Winner at the AOA Meeting in
Washington D.C. 2009!*

● *Congratulations to the
Class of 2010*

*from the New England
College of Optometry
Alumni Association*

*Welcome to our
profession!*





THE NEW ENGLAND COLLEGE OF OPTOMETRY

424 Beacon Street
Boston, MA
02115

Tel: 617.266.2030
Fax: 617.424.9202

To the Class of 2010:

You are entering the world of health care at an exciting time. Never before has so much knowledge been generated, catalogued and made available instantaneously to doctors and patients alike. No longer do the halls of academia deliver the last word in basic and clinical science.

Your generation is setting new standards for the delivery of efficient, evidence-based care. Both regulators and payers will demand an increase in the quality and the quantity of services you provide as well as your prompt accessibility to patients. Patients will be much more informed about their likely diagnoses and the treatment/management options available to them.

The New England College of Optometry has prepared you well to be successful in this challenging new world. You are knowledgeable, skilled and practiced. You have been mentored by some of the best academicians and clinicians in the profession who have been selected as faculty members because of their compassion and love of teaching.

It will now be up to you to maintain your position at the forefront of patient care. Inventive technologies, new methods of diagnosis and treatment, governmental regulation and innovative methods of delivering eye care will continue to impact the effectiveness of your work. The one constant that will never change is the need for personal concern. If you care about your patients while you care for them, you will always be a great doctor.

Congratulations and much success!

Clifford Scott, OD, MPH
President



Work.

REGISTRAR STAFF



Play.

CLAIRE RORK



HEATHER STONE



STAFF.

MAREK JACISIN



SHANTI FREINDLICH



DOREEN KLEINMAN, Ph. D.



NECO STAFF 2009-2010



ROSANNE LABOLLITA





JOHN MCGINTY



CHRISTINE BERCE, M.A.



BARBARA MCGINLEY, M.A.



TIMOTHY WILSON



CAROL RUBE, M.S. Ed.



TRACY KELLEY



NIKA NUNLEY



JO ANN GERSHAW



NINA HEADLEY



CHRISTINE FOSTER



MIKE FLYNN



AUDREY BURGESS



FARESHTA GOHARI



RICH DAHILL



KATE LOWE



TECLAB NEGUSE

Y T L U C A F F E A C U L T Y



DR. A. MOY



DR. S. BAYLUS



DR. P. PATEL



DR. S. KOEVARY



DR. B. FISCH



DR. V. SHARDA



DR. D. HOFFMAN



DR. C. JOHNSON



DR. S. LYONS



DR. N. QUINN



DR. R. JAMARA



DR. I. SHWOM



DR. W. POTAZNICK



DR. E. WEISSBERG



DR. R. LAUDON



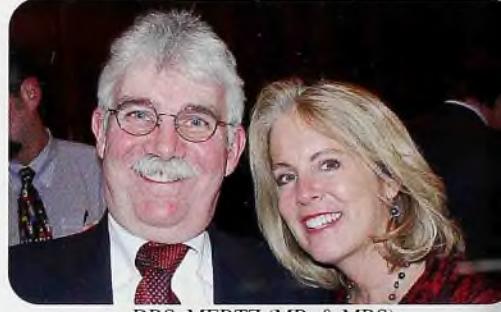
DR. J. COMERFORD



DR. E. GILMAN



DR. T. KNISELY



DRS. MERTZ (MR. & MRS)



DR. J. RICHMAN



DR. R. CAPONE



DR. J. PIETRANTONIO



DR. R. WATANABE



DR. A. MCLEOD



DR. L. CONTARDO



DR. R. WILSON



DR. N. CARLSON



DR. T. FARRA



DR. F. THORN

CLINICAL ROTATIONS

4TH YR SNAPSHOTS



DORCHESTER HOUSE
CHC - SUMMER



VA JAMAICA PLAIN
SUMMER



VA HUDSON RIVER VALLEY - FALL



EAST BOSTON NHC
FALL



VA PROVIDENCE
SUMMER



EAST BOSTON NHC - WINTER



MARTHA ELIOT CHC - SUMMER



MARTHA ELIOT CHC - FALL

SCHOOL EVENTS



NECO BBQ / AOA

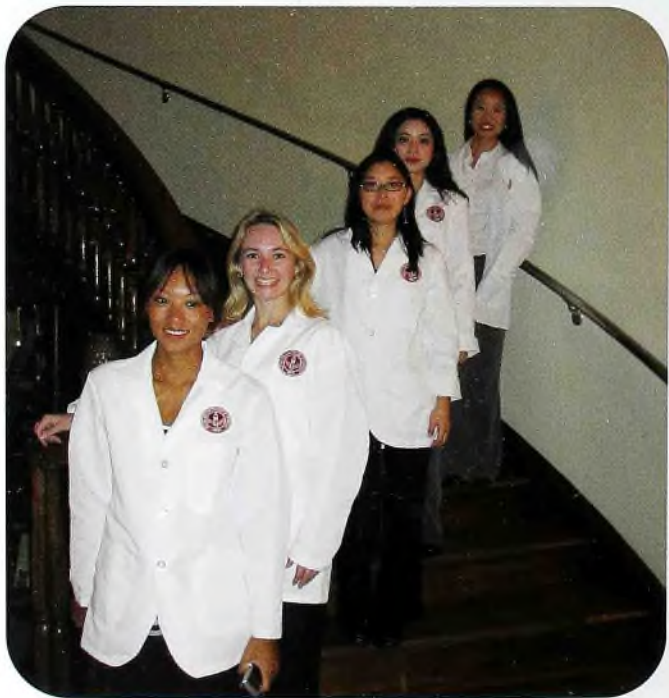


NECOLYMPICS

(THE CHAMPS OF 2007)





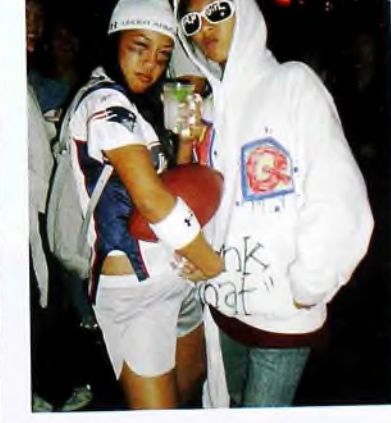


WHITE COAT CEREMONY



HALLOWEEN

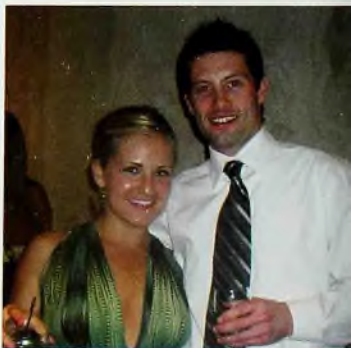




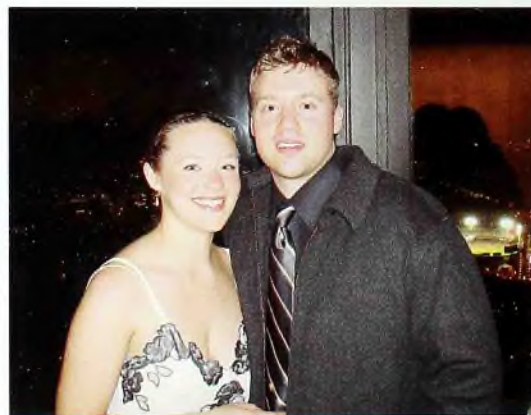


Each year, NECO has their annual ski trip at the SUNDAY RIVER RESORT in Maine. It's the perfect wintry time of year early in January during the beginning of Spring semester. Students join together for a fun time in the snow and putting more skills to the test besides that of optometry.



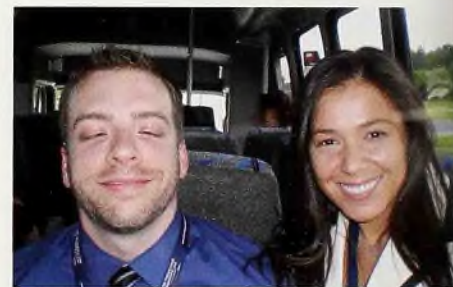








JACKSONVILLE, FLORIDA - Sponsored by Johnson & Johnson



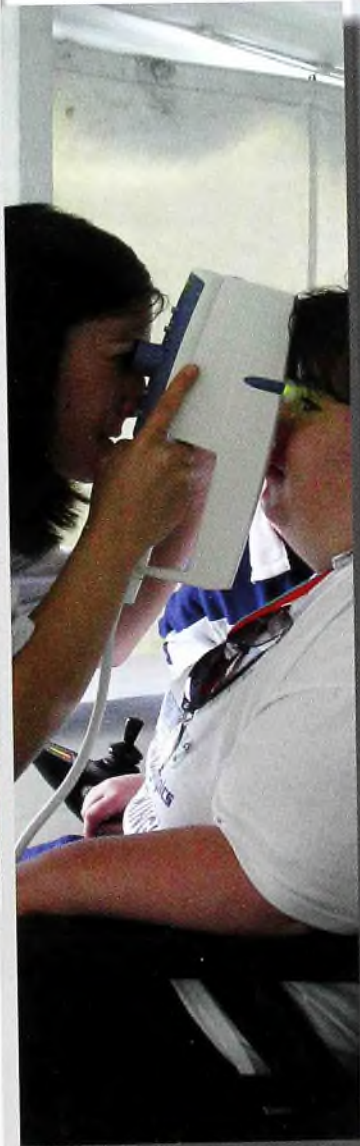


VOSH/New England is the largest student run organization at NECO, involving both students and optometrists. VOSH's purpose is to deliver eye care to those who lack access to such services for financial or other reasons. SVOSH offers free eye health screenings throughout Massachusetts. We work closely with the Lions Club, providing them with screenings as they provide us with used eyeglasses to be distributed in an underprivileged country.

All NECO students are encouraged to join VOSH, both to better their clinical skills and to help others. As a VOSH member you get early hands on experience by seeing patients of all ages at local screenings as well as the opportunity to see patients in other countries during the annual trip.

During the past several years, active VOSH members will have seen patients in the cities of Merida and Chetumal, Mexico. The trips offers tremendous clinical experience and will give over 5,000 people eye exams. This year... the VOSH adventure continued to new heights in BOGOTA, COLOMBIA!







VOSH TRIP TO



...COLOMBIA!





GOOD TIMES WITH FRIENDS











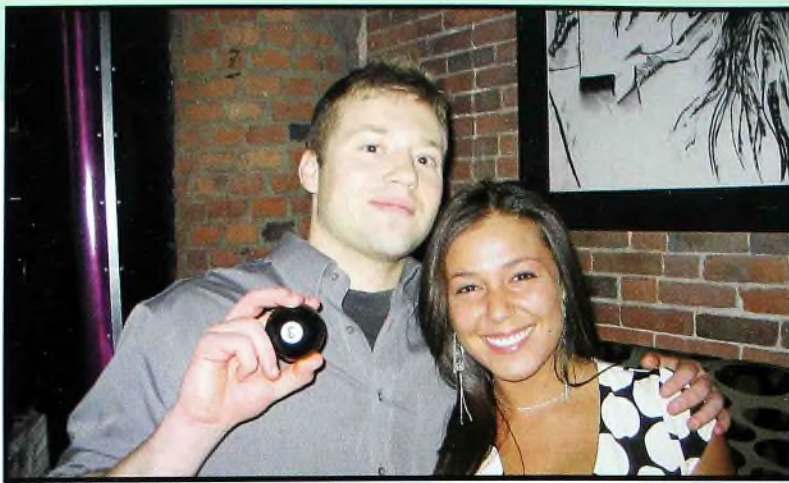








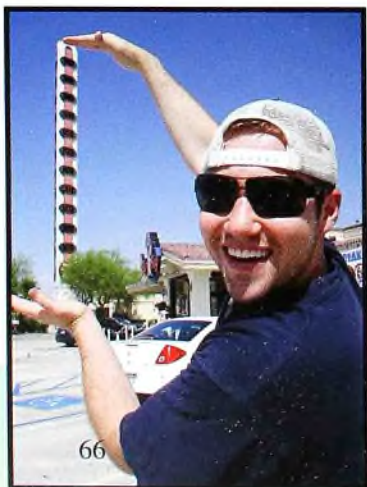












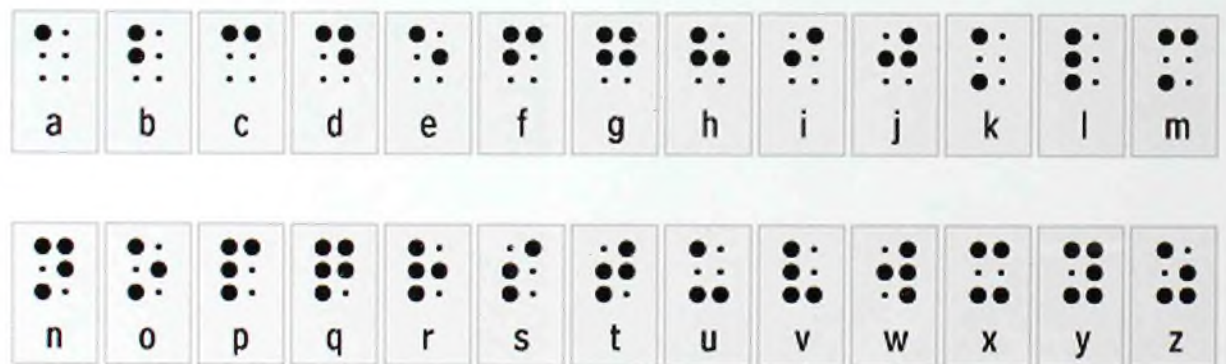


LET'S TALK

Sign Language

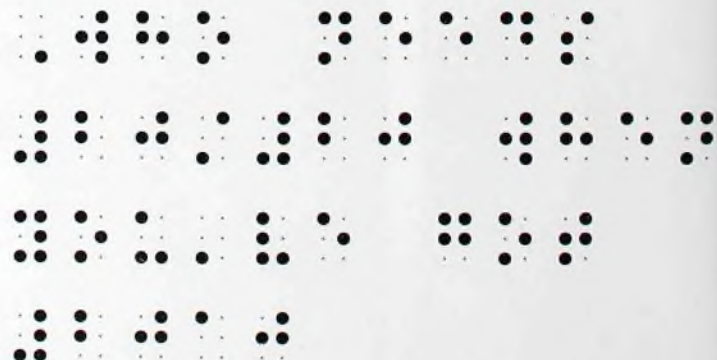


Braille



Your Turn!

Translate this!
Answer can be
found on page 79!



Jessica Young

We are so proud of your accomplishments. You have always shown great strength, courage and diligence. We know there are even greater achievements in your future! We love you and are so grateful to have such a wonderful daughter and sister in you.



Jennifer Nguyen

CONGRATULATIONS Jennifer! We are all SO very proud of you! You're the 1st and only doctor in the family and you will totally make us all proud. We love you with all our hearts and we wish you good luck in your future endeavors, especially as an eye doctor. =)

With Much Love,
Mommy, Daddy, Jacqueline, Khoa, Andrew,
your family and friends



Alexandra Tran



We want you to know how proud we are and how much your graduation means to us. Your accomplishments are indescribable and to celebrate this day, is a must. Years ago, you said "I'm going to be an optometrist" You were merely eight years old, to be exact. Wise beyond your years, there was never a doubt that one day you would be able to "refract". So here you are now, a woman of many achievements. A graduate, an officer in the Air Force... Lets not forget, a wonderful daughter, sister, and friend, of course! So this marks the end of your formal academia. It's been an exciting road, and now you're done. Congratulations, from the bottom of our hearts. The honor's yours, but we'll all share the fun!

CONGRATULATIONS CLASS OF 2010!

Love,
Daddy, Mommy, Betsy, and Wilbert "wow! wow! wow!"



Yos Priestley



Congratulations Yos!
You bring sunshine into
our lives, and brighten
the day of everyone you
meet. A real sight for
sore eyes!

An exciting new chapter
is just beginning.
We love you so much,
Mom, Dad and Som



Sarah Elizabeth McCrum



Sarah,
 Congratulations, you have fulfilled your dream!
 It seems like yesterday that we were moving you off to St. Joseph's
 College and then the big move to Boston four years later. Eight
 years have passed and you've accomplished so much.
 Your hard work and determination are now paying off as you will be
 graduating from New England College of Optometry on May 28,
 2010.



You're a very thoughtful, caring young woman and you have a bright
 future as a competent optometrist!
 May the wind always be at your back and the sun shine warm upon
 your face!

We love you and we're all so very proud of you!

Love always,

Mom & Dad, Todd, Jenn, Taylor & Madison, Nick, Bobbi, Lane,
 Abram & Kellen and Jon & Stevi



Christine Eileen Rowe



Graduation is a time to celebrate how hard you've worked to get to this day, how deep your dreams run & how bright your future shines! Just know that your father is smiling down upon you! We love you! Congratulations!!

Cindy Leigh Russo, MA

These words cannot adequately convey how proud we are of you: not only of what you have accomplished in your life thus far, but also for the beautiful, witty and erudite young woman you have become. You are an amazing daughter, sister and friend and we are

blessed to have you in our family.
Congratulations, Dr. Cindy Leigh Russo!

All our Love,
Mom, Dad and WendyBeth

Corissa McKallagat

Cori...

We can still remember the moment of your birth...the most exhilarating day of our lives. We can remember the whole morning. Ask us anything about that day and we'll know. We mostly remember how beautiful you looked. We should have been filled with doubts and worries, but on the contrary, we had a plan. We would love you too much, protect you for a while, and then teach you to fly. Wow, did you not only fly...you soared to unbelievable heights. You amazed us then, but you amaze us even more now. Keep on soaring our beautiful CoCo and keep on following your dreams.



All our love forever,
Mum and Daddy

*Congratulations
to the
Class of 2010!*

*The Office of
Development and
Alumni Affairs*



Benjamin D. Klibanoff



WE'RE VERY PROUD OF YOU BEN, WE LOVE YOU. THE BEST IS YET TO COME.

LOVE YOU VERY MUCH,
MOM & DAD, VICTORIA & BRANDON



Joanne Ngo



The primary focus of all obstacles is to induce labour so that progression may be born. Congratulations on overcoming this one. Love Mom, Dad, Steve



Mona Aoude

We hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the window of your opportunities, and to the most special place your heart has ever known.

Love, Mom, Mary, Jackie, George, Julie, and most of all Dad



Nathaniel Graham



Congratulations on this incredible accomplishment. We couldn't be more proud.
Love,
All your family

Alison Loranger



We are so proud of you. We wish you success, happiness, and the best that the future has in store for you. Congratulations!
Love, Mom, Jenna and Jan



TARRA BOULDEN

Tarra,
We are so proud of you and all that you have accomplished.
Love,
Dad, Mom, Chadd, Rachel, Rory, Melissa, Kevin, Joe, Laraine



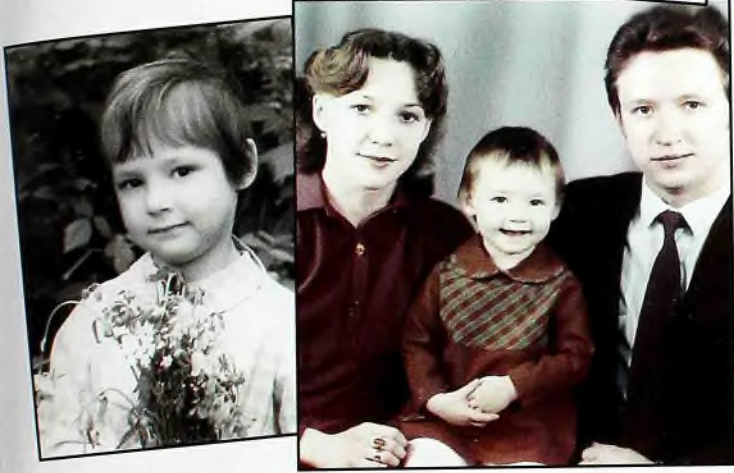
Kristopher Skromme

There was a young man from Boulder, who is getting a little bit older. From West coast to East the tuitions they rose, now NECO has all of our cash! The kid's now a man with an OD diploma and will soon be a practicing doc. With flyrod there's marvel, the golf swings sublime, with unsurpassed motion in play. We love you dear son, little b, fun companion, your wisdom and skills have revealed you. So pack up your books, get ready to work, give Boston your final goodbyes. You're off in the world to a place yet unknown to examine with sapient eyes.
Your loving family



ELENA ZAHAROVA

Ты учебу завершила, поздравляем от души.
Пусть и дальше кровь по жилам с неумностью бежит.
Пусть и дальше путь-дорога будет ровной и прямой,
Никогда пускай тревога не придет к тебе домой.
Красота, удача, счастье пусть в твоей пребудут власти.



Patient-centered care

CONGRATULATIONS TO THE CLASS OF 2010 FROM

NEW ENGLAND EYE

We've got a new website.

We think our new website represents our motto of giving you the patient-centered care you deserve. Now we make it easy for you to order new contact lenses, set your next eye exam appointment and even scan our incredible selection of frames online.



Patient-centered care

See what else is new at www.newenglandeye.org

Brittney J. Mazza

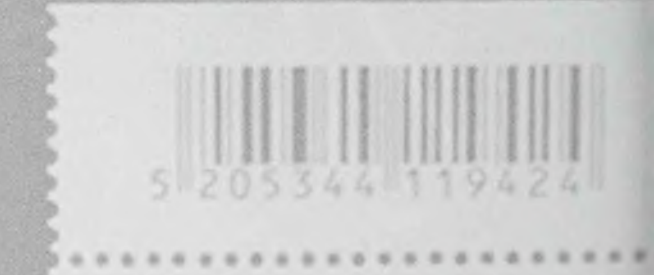
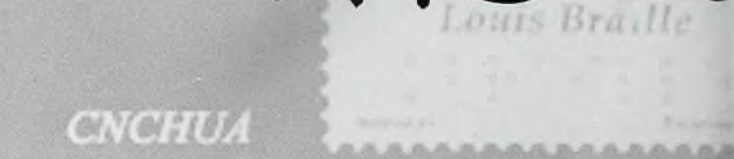


Brittney-In your 5th grade yearbook, you wrote that you wanted to be an Optometrist when you grew up. Congratulations - your dream has come true, and we are so very proud of you!
Awesome! with love, Mom, Dad, Erica & Tommy



2010

AUTOGRAPH PAGES



Louis BRAILLE
1809 - 1852



SYRIA

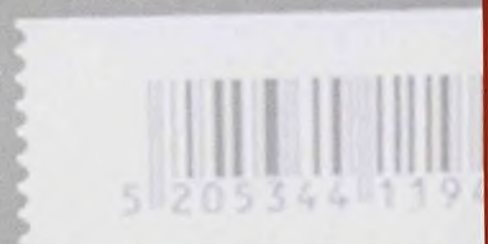


CNCHUA



18

РЕПУБЛИКА
МАКЕДОНИЈА



中國澳門
MACAU
CHINA

點字發明家路易斯
BICENTENÁRIO DO



5,00

布萊葉誕辰二百周年
NASCIMENT

Answer to page 68:
"Who needs 20/20 when
you've got 20/10!" =>

NECO



"Alone we can do so little; together we can do so much."
- Helen Keller

Congratulations Class of 2010!
On behalf of Yearbook Committee 2010 :

Jennifer Nguyen
Jennifer Chen
Pratchi Pathak
Mallika Patel



John Angelillo/UPI/Landov



Mario Tama/Getty Images News



Tama/Getty Images News



Ralph Naisis/Warner Bros. Courtesy Everett Collection



Everett Collection



Tom Dahlin/Stringer/Getty Images North America



WORLD BEAT®

FINAL DISCOVERY FLIGHT



BRETT FAVRE

Jeff Haynes/Reuters/Landov

PRESIDENT OBAMA



Larry Downing/Reuters/Landov

TROOPS COMING HOME



Sam Oldenburg

Sam Moore/Getty Images News



JUSTIN BIEBER

CASH FOR CLUNKERS



Red Huber/MCT/Landov

THE BEATLES ROCK BAND



Darren Szigala/Reuters/Landov



09-10



NEWS



HEALTH CARE

➤ The United States draws closer to providing health care for all with the passage of reform bills in both the House and the Senate.

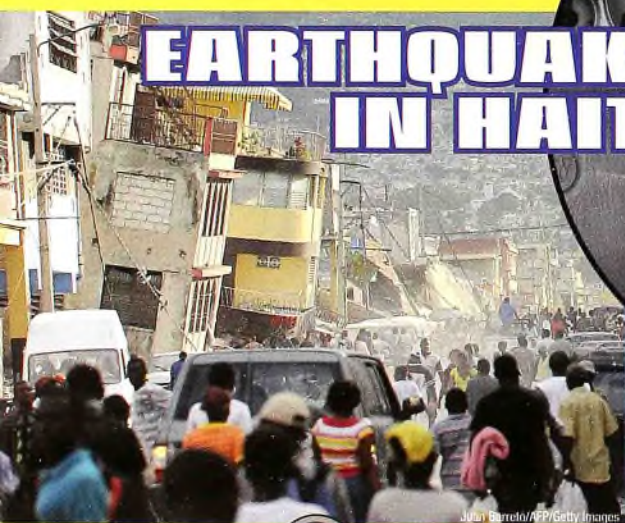
Larry Downing/Reuters/Landov

➔ President Obama orders an increase in troops in Afghanistan with a goal of starting to withdraw forces from the country in July 2011.



Reuters/Tim Cocks/Landov

⬇️ Haiti's earthquake – with a magnitude of 7.0 – is declared by the United Nations as the worst disaster it has ever confronted. Aid pours in from the United States and around the world.



EARTHQUAKE IN HAITI

Juan Barreto/AP/Getty Images

TROOPS COME HOME



John Moore/Getty Images News



Tony Avellar/Christian Science Monitor/Getty Images

➤ A University of Utah study finds that texting while driving can be up to six times more dangerous than talking on a phone while driving.

CALIFORNIA WILDFIRES



Mark Bauer/AP/Getty Images

HELEN KELLER STATUE



Roger L. Wollenberg/UP/Landov

FINAL DISCOVERY FLIGHT



NEWS

CASH FOR CLUNKERS
\$4,500

CASH FOR CLUNKERS

Tim Whitmore/Reuters/Landov



TSUNAMI IN SAMOA

THEN & NOW:

Price per gallon of gas in 2000: \$1.26
2009: \$2.73

Movie ticket price in 2000: \$5.39
2009: \$7.35

swivel.com, consumeraffairs.com

boxoffice Mojo.com, natoonline.org

BACK-TO-SCHOOL ADDRESS



Mario Tama/Getty Images News

REBUILDING WORLD TRADE CENTER



Rick Gerschman/Getty Images

GOVERNMENT BANK BAILOUT



Rick Washburn/Getty Images

VIEWS



Yves Hermans/Reuters/Landov

Belgian Prime Minister Herman Van Rompuy is elected the first president of the European Council (EU) under the Treaty of Lisbon.



Mario Tama/Getty Images News

H1N1 FLU VIRUS

The H1N1 virus appears to affect teens more than typical flu viruses. Hand sanitizer is a commonplace sight in classrooms and other public spaces.

H1N1



Tim Sloan/AFP/Getty Images



Bruce Koertel/Getty Images

SENATOR TED KENNEDY DIES

America honors the lives of 13 innocent victims of a tragic shooting spree at Fort Hood, Texas, in November.



Joe Raedter/Getty Images

Justin Sullivan/Getty Images



Justin Sullivan/Getty Images

In efforts to make General Motors more economically viable, the company discontinues the Saturn brand and announces plans to phase out its Pontiac division.



John McConico/AP Photo Images

HUBBLE TELESCOPE IMAGES



Ronald W. Oleson/NASA/Landov

NOBEL PEACE PRIZE

Unemployment rate in 2000: 4%
2009: 10%

bls.gov

U.S. population in 2000: 281 million
2009: 305 million

census.gov

Facebook users 2000: 0
2009: 350 million

theatlantic.com, guardian.co.uk

Jim Young/Reuters/Landov

CHANGING WORLD



FOOD SHELVES

David McNew/Getty Images North America



↑ The number of first-time visitors to food shelves surges, as families cope with the economic recession. Food banks report that demand is up 30 percent on average.

Justin Sullivan/Getty Images

→ The Armed Forces Network broadcasts five NBA games to U.S. troops on Christmas Day. The NBA gives the AFN broadcast rights for free.



Glen James/NBA/Getty Images

↓ Consumers have more alternative fuel options as the number of biodiesel stations continues to grow across the United States.



BIODIESEL

GASBOY

PEDAL FOR POWER



Nicholas Kimura/AFP/Getty Images

Bloomberg/Getty Images

ENERGY-EFFICIENT APPLIANCES



↑ During October, Breast Cancer Awareness Month, pink products are everywhere: from printers to power tools, snowboards to golf balls, blow dryers to water bottles.

GREEN CLEANING PRODUCTS

FAIR TRADE COFFEE



SHADE GROWN ALWAYS ORGANIC



GIVE

"PINK" DELTA PLANE



Water = Life!

WATER BANS



Students protest the University of California's 32 percent tuition increase. Average tuition is up 4.4 percent for private four-year colleges and up 6.5 percent for public four-year colleges.

Jim Weber/The Commercial Appeal/Landov



Teens are setting an example for their parents, with 56 percent of teens volunteering to support a charitable cause.

CORDLESS ELECTRICITY



Stringer/AFP

TOP 10 WAYS TO SAVE ENERGY

1. Turn off the lights when no one's in the room.
2. Carry a reusable tote bag when you go shopping.
3. Bike or walk instead of driving.
4. Get a reusable metal water bottle.
5. Unplug and shut down electronic devices when not in use.
6. Buy music online instead of purchasing CDs.
7. Use rechargeable batteries instead of disposables.
8. Replace standard light bulbs with compact fluorescent bulbs.
9. In winter, turn down the heat and wear more layers.
10. In summer, set your air conditioner thermostat to 72° or higher.

SPORTS



Jim Ruymen/UPI/Landry

At the Rose Bowl in Pasadena, the top-ranked Alabama Crimson Tide defeats the second-ranked Texas Longhorns to finish the Bowl Championship Series.



Ben Lethbridge/Getty Images/Sports Illustrated

STANLEY CUP

Sidney Crosby becomes the youngest captain to hoist the Stanley Cup as he leads the Pittsburgh Penguins to their third championship and first since 1992.

Team USA heads to Vancouver, British Columbia, for the Winter Olympics. More than 200 athletes represent the United States at the XXI Olympic Winter Games.

The New Orleans Saints beat the Indianapolis Colts 31-17 to win Super Bowl XLIV, their first championship title.



Nancie Battaglia/Sports Illustrated/Getty Images

U.S. MEN'S BOBSLEDDING TEAM



U.S. WOMEN'S HOCKEY TEAM

Tom Dahlin/Stringer/Getty Images North America



Don Hens/Getty Images



The New York Yankees capture their 27th World Series Championship when they beat the Philadelphia Phillies, four games to two.



PHOENIX MERCURY WNBA 2009 CHAMPS



LAKERS 2009 NBA CHAMPIONS

L.A. GALAXY



TEAM



U.S. MEN'S SOCCER TEAM



MICHELLE WIE

Brett Favre retires from retirement to lead the Minnesota Vikings. At 40, Favre continues to rewrite the record books, including the most-consecutive regular-season games.



At the 12th IAAF World Championships in Berlin, Jamaican sprinter and three-time Olympic gold medalist Usain Bolt beats his own 100-meter and 200-meter world records.



Shaun White leads a talented roster for the 2010 Olympic Snowboarding Team that also includes fellow gold medalists Kelly Clark, Hannah Teter and Seth Wescott.

SHAUN WHITE

Minnesota Twins' Joe Mauer became only the second catcher in 33 years to win the American League Most Valuable Player Award, finishing first in a near-unanimous vote.



MVP

TOP GAMES/EVENTS OF THE DECADE

- 2008 Wimbledon final:**
Rafael Nadal vs. Roger Federer
- Super Bowl XLIII:**
Steelers 27, Cardinals 23
- World Series 2001, Game 7:**
Diamondbacks 3, Yankees 2
- 2007 Fiesta Bowl:**
Boise State 43, Oklahoma 42
- 2006 Rose Bowl:**
Texas 41, USC 38

- 2008 Olympics:**
100-meter men's butterfly, Michael Phelps
- 2009 Big East tournament:**
Syracuse 127, UConn 117 (6 OT)
- Super Bowl XLII:**
Giants 17, Patriots 14
- 2002 NBA West finals, Game 7:**
Lakers 112, Kings 106 (OT)
- 2005 UEFA Champions League final:**
Liverpool beats AC Milan

PLAYERS

RYAN SHECKLER
Epic/Getty Images Sport

LISA LESLIE RETIRES
Berry Good

HEISMAN WINNER MARK INGRAM
Images

RACHAEL FLATT
u/Getty Images North America

ROGER FEDERER
Clive Brunskill/Getty Images

STEPHANIE GILMORE
Steve Roberson/ASA/Getty Images

JIMMIE JOHNSON
Lag Ball/ASA

Jeff Haynes/Routledge/Landov

Bob Martin/Sports Illustrated/Getty Images

Cameron Spencer/Getty Images

Jim McLean/Getty Images

MUSIC



Jun Sto/WireImage

↑ After the release of their fifth studio album, the Black Eyed Peas launch The E.N.D. World Tour, with stops in Australia, Japan, Malaysia, New Zealand and Thailand.



Big Diamond/WireImage

↑ Mary Mary's album *Praiseworthy* reaches No.1 on *Billboard's* Christian & Gospel Album Charts, No. 2 on the Top R&B/Hip-Hop Chart and No. 7 on the *Billboard* Top 200.

➔ *Paramore* takes home the title of Favorite Rock Band at the MTV's People's Choice Awards. Lead singer Hayley Williams kept in touch with fans throughout the awards program.



Dave Willis/Retna UK/Landov

↓ Taylor Swift has an amazing year with four CMA Awards and the Grammy for Best Album of the Year.



Lee Everett Collection

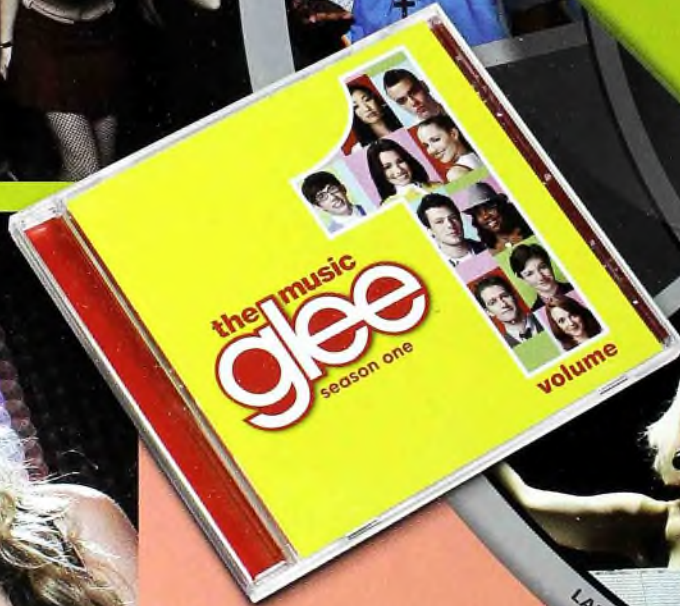
DARIUS RUCKER

Steve Ferrin/ABC via Getty Images

Larry Marano/Getty Images

IVAZ

MOVE



↑ *Glee* geeks go wild! Volume 1 of the *Glee* soundtrack features 17 songs from the hit Fox show about a struggling high school glee club.

LADY GAGA

Steve Ferrin/ABC via Getty Images

Larry Marano/Getty Images

JASON DERULO

AVENTURA

Carlos Barria/Retna/Landov

new moon

KINGS OF LEON



Photo by Matt Winer/Photography Everett Collection

EMINEM



Kimberly P. Mitchell/MCTV Landov



CBS/Landov



Justin Bieber parlays YouTube fame into a record deal. A crowd of more than 3,000 screaming fans forces him to cancel an appearance at a Long Island mall.

Robert Triggs/Corbis



FREE
U2 CONCERT
ON YOUTUBE

Michael Jackson, the legendary King of Pop, dies unexpectedly at the age of 50, just weeks before his *This Is It* world tour is to begin.

Stephanie Wiegert
Suzan/PA Photos/Landov



MILEY CYRUS

Jim McIsaac/Getty Images Entertainment



Alicia Keys guest stars on Jay-Z's album, *The Blueprint 3*. Their joint effort, "Empire State of Mind," is one of the most successful songs of the year.



PA Photos/Landov



LINKIN PARK

BEYONCÉ

Kevin Mazur/WireImage



Beyoncé broke the record for a female artist at the Grammys with six awards, including Song of the Year and Best Female Pop Vocal Performance.

GROOVE



GREEN DAY



LADY ANTEBELLUM

TOP 10 TOP-SELLING ALBUMS OF 2009

- 1 *Fearless*, Taylor Swift
- 2 *I Dreamed a Dream*, Susan Boyle
- 3 *Number Ones*, Michael Jackson
- 4 *The Fame*, Lady GaGa
- 5 *My Christmas*, Andrea Bocelli
- 6 *Hannah Montana: The Movie Soundtrack*, Hannah Montana
- 7 *The E.N.D.*, Black Eyed Peas
- 8 *Relapse*, Eminem
- 9 *The Blueprint 3*, Jay-Z
- 10 *Only By the Night*, Kings of Leon

Billboard.com

ENTERTAINMENT



↑ Tina Fey's acclaimed NBC comedy *30 Rock* receives a record 22 primetime Emmy Award nominations and wins five, including Best Comedy Series and Best Actor in a Comedy Series (Alec Baldwin).

↑ Reality TV shows like CBS's *Survivor* and *The Amazing Race* continue to draw in viewers of all ages.

➔ A new generation discovers the Fab Four. *The Beatles: Rock Band* is a smash hit among teens, parents and even grandparents!

↓ New Fox hit TV show *Glee* takes home the Golden Globe for Best Musical or Comedy Television Series over such veteran shows as *The Office*, *30 Rock* and *Entourage*.



Joe Viles/©20th Century Fox Film Corp./Courtesy: Everett Collection



THE BIG BANG THEORY

VAMPIRE DIARIES

Kathleen Hill/The CW/lanesky



Kevork Djian/Getty Images

NAMES

Barbara Nilke/©Bravo/Courtesy: Everett Collection



PROJECT RUNWAY



Mario Anzuochi/Reuters/Landov

THE SIMPSONS



TOP CHEF



⤷ **Sesame Street**, the legendary PBS children's show, celebrates 40 years of ABCs and 123s with the likes of Cookie Monster, Oscar the Grouch and Big Bird.

**1969
2009**



⤷ **SpongeBob SquarePants** celebrates 10 years on the air with the debut of *Truth or Square*, a Nickelodeon TV movie featuring celebrity guests and several shocking twists.

**1999
2009**

©Paramount/courtesy Everett Collection
Paul Drinkwater/©NBC/courtesy Everett Collection

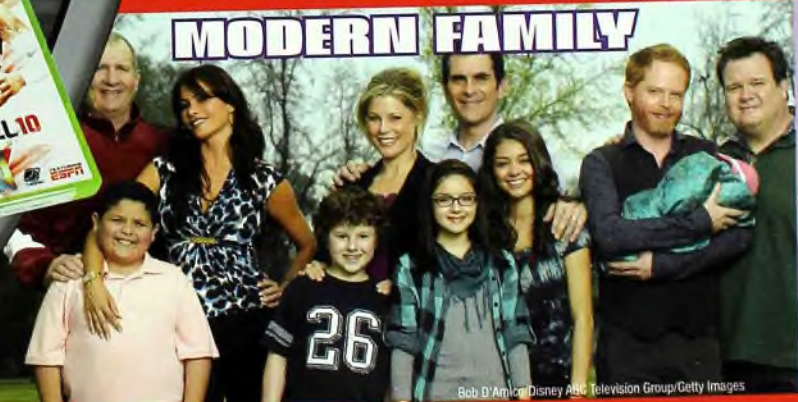


⤷ After just seven months on the air, Conan O'Brien receives \$45 million to surrender his position as host of *The Tonight Show* after NBC decides to return Jay Leno to his previous time slot.

Mitchell Haaseth/©NBC/courtesy Everett Collection



**XBOX
LIVE**



MODERN FAMILY

Bob D'Amico/Disney ABC Television Group/Getty Images



TOP 10 TOP-SELLING VIDEO GAMES OF 2009

1. Wii Fit
2. Wii Play
3. Pokémon Platinum Version
4. Mario Kart Wii
5. Resident Evil 5 (Xbox 360)
6. Killzone 2
7. Call of Duty: World at War
8. Resident Evil 5 (PS3)
9. Halo Wars
10. Street Fighter IV

Source: cnbc.com

MOVIES

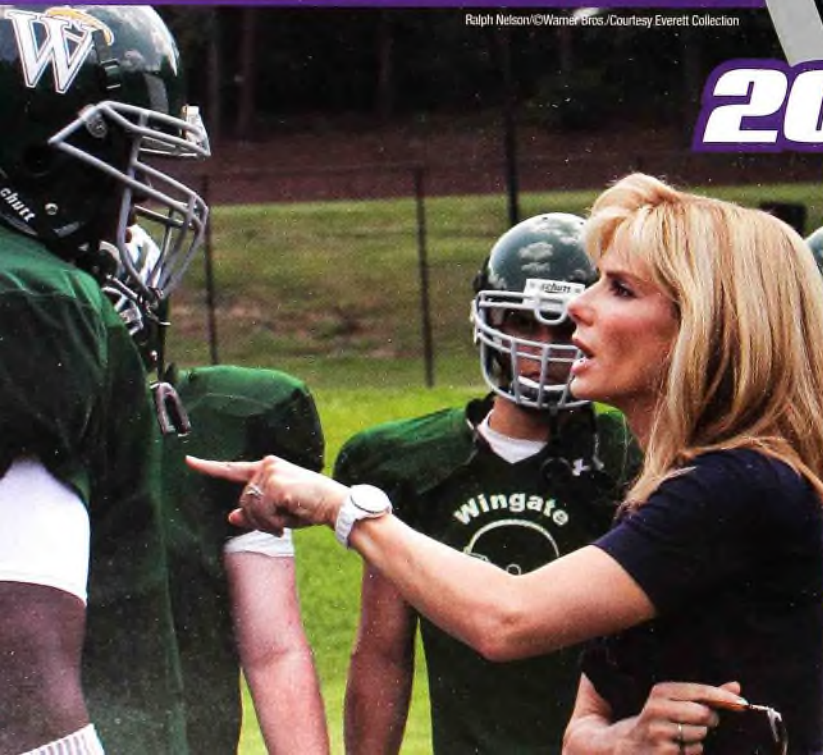


After two weeks of limited sold-out shows, 1 million moviegoers submit online requests that cause the nationwide release of *Paranormal Activity*.

Harry Potter and the Half-Blood Prince raked in the biggest midnight earnings of all time, grossing \$22.2 million at the box office.



Wall Disney/Kobal Collection



Ralph Nelson/Warner Bros./Courtesy Everett Collection

2012

Sandra Bullock wins the Golden Globe for Best Actress in a Motion Picture—Drama for her performance in *The Blind Side*, based on the true story of Baltimore Ravens football player Michael Oher.

WHERE THE WILD THINGS ARE
NINJA ASSASSIN
TRANSFORMERS: REVENGE OF THE FALLEN
ZOMBIELAND
VALENTINE'S DAY
X-MEN ORIGINS: WOLVERINE

LAUGH

©Warner Bros./Courtesy Everett Collection
©Paramount/Courtesy Everett Collection
©Columbia/Courtesy Everett Collection
©Sony Pictures/Courtesy Everett Collection
©20th Century Fox Film Corp./Courtesy Everett Collection

A CHRISTMAS CAROL



©Warner Bros. Pictures
Courtesy Everett Collection
©Paramount Pictures
Courtesy Everett Collection

STAR TREK



©Twentieth Century-Fox Film Corporation/courtesy Everett Collection
Anna M. Mahoney/Lore Collaborative/EVERETT COLLECTION

PRECIOUS



This *Is It*, a film about the late Michael Jackson's tour rehearsals, becomes the world's highest-grossing concert movie and documentary.



©Sony Pictures Entertainment/courtesy Everett Collection

In just 41 days, James Cameron's *Avatar* overtakes *Titanic* to become the highest-grossing movie ever worldwide at \$1.859 billion.

& CRY



©Warner Bros. Pictures/courtesy Everett Collection
Warner Bros. Pictures/The Kobal Collection

INVICTUS



TEAM JACOB
TEAM EDWARD



Are you "Team Jacob" or "Team Edward"? "Twiwards" around the world swoon over the supernatural love triangle in *The Twilight Saga: New Moon*.



UP

THEN & NOW

TOP 10 BOX OFFICE HIT MOVIES

2000

1. *How the Grinch Stole Christmas*
2. *Cast Away*
3. *Mission: Impossible II*
4. *Gladiator*
5. *What Women Want*
6. *The Perfect Storm*
7. *Meet the Parents*
8. *X-Men*
9. *Scary Movie*
10. *What Lies Beneath*

2009

1. *Avatar*
2. *Transformers: Revenge of the Fallen*
3. *Harry Potter and the Half-Blood Prince*
4. *The Twilight Saga: New Moon*
5. *Up*
6. *The Hangover*
7. *Star Trek*
8. *The Blind Side*
9. *Alvin and the Chipmunks: The Squeakquel*
10. *Monsters Vs. Aliens*

TRENDS



**LAYERS
LAYERS
LAYERS**



↑ Snuggie, the blanket with sleeves, is a runaway hit. The company introduces versions for kids and pets and features designer styles in a fashion show.



**RAIN
BOOTS**

NORTH FACE JACKETS

MUK LUKS



OVERSIZED RINGS



GIRLS

CARDIGANS



METALLIC NAIL POLISH



SCARVES



**UGG
BOOTS**



METALLIC NAIL POLISH

Graphic tees, worn alone or paired with zip-front hoodies, are a comfortable way to make a style statement, promote your favorite band and express your individuality.

BOAT SHOES



CARGO SHORTS



BASKETBALL SHOES



EARFLAP HATS



GUYS

GIRLS & BOYS PLAID SHIRTS



BASKETBALL SHORTS



WORK BOOTS



ENERGY DRINKS

AVIATOR SUNGLASSES



PEA COATS

TOP 10 FASHION TRENDS

1. Skinny jeans
2. Big '80s shoulders
3. Over-the-knee boots
4. Graphic tees
5. Hoodies
6. Animal prints
7. Rachel Roy bags
8. Ripped jeans
9. '90s grunge
10. Flared jeans

LIFESTYLE



Jeremy Woodhouse/Reuters/Imago

↑ Quinceañeras, the Latin American culture's coming-of-age celebration on a girl's 15th birthday, are becoming larger and more elaborate like Sweet 16 parties.



SOCIAL NETWORKS

↑ More than half (55 percent) of Americans ages 12-17 use social networking websites.

➔ Now you can carry a whole library in a device the size of a hardcover. Consumers crave readers like Amazon's Kindle and the Sony Reader.

Mike Segar/Reuters/Landov



↓ In January 2010, teen employment rates hit a record low of 26.2 percent due to a lack of entry-level jobs available at the minimum wage.



Mandel Ngim/AFP/Getty Images

TEEN-EMPLOYMENT



Erk Dreyer/istat

↑ Pass the potatoes, please. Busy families are cutting back on expensive take-out meals and making time to sit down together for healthier, home-cooked family dinners.



William Deshazer/MCT/Landov

HOT

NOISE REDUCTION HEADPHONES



Tim Ireland/PA Photos/Landov



HAND SANITIZER



CELL PHONES



SUSTAINABLE FORESTRY INITIATIVE

Certified Chain of Custody

Product Group

This 16-page World Beat section is printed on SFI certified stock.

